

Return-Oriented Exploitation



Dino A. Dai Zovi
Independent Security Researcher
Trail of Bits

Context



- ❧ Full control of EIP no longer yields immediate arbitrary code execution
 - ❧ Primarily due to increasing availability and utilization of exploit mitigations such as DEP and ASLR
- ❧ Attackers must identify other supplementary vulnerabilities to enable exploitation of memory corruption issues
 - ❧ Memory address/layout disclosure vulnerabilities
 - ❧ Availability of known executable code at static, predictable, or chosen locations
 - ❧ i.e. non-ASLR DLLs, JIT sprays, IE .NET user controls

Agenda



- ❧ Current State of Exploitation
- ❧ Return-Oriented Exploitation
- ❧ Borrowed Instructions Synthetic Computer
 - ❧ Or, ROP in Evenings and Weekends
- ❧ Return-Oriented Exploitation Strategies
- ❧ Exploiting Aurora on Windows 7
- ❧ Conclusion

Current State of Exploitation



A Brief History of Memory Corruption



- ❧ Morris Worm (November 1988)
 - ❧ Exploited a stack buffer overflow in BSD in.fingerd on VAX
 - ❧ Payload issued `execve("/bin/sh", 0, 0)` system call directly
- ❧ Thomas Lopatic publishes remote stack buffer overflow exploit against NCSA HTTPD for HP-PA (February 1995)
- ❧ “Smashing the Stack for Fun and Profit” by Aleph One published in Phrack 49 (August 1996)
 - ❧ Researchers find stack buffer overflows all over the universe
 - ❧ Many believe that only stack corruption is exploitable...

A Brief History of Memory Corruption



- ❧ “JPEG COM Marker Processing Vulnerability in Netscape Browsers” by Solar Designer (July 2000)
 - ❧ Demonstrates exploitation of heap buffer overflows by overwriting heap free block next/previous linked list pointers
- ❧ Apache/IIS Chunked-Encoding Vulnerabilities demonstrate exploitation of integer overflow vulnerabilities
 - ❧ Integer overflow => stack or heap memory corruption

A Brief History of Memory Corruption



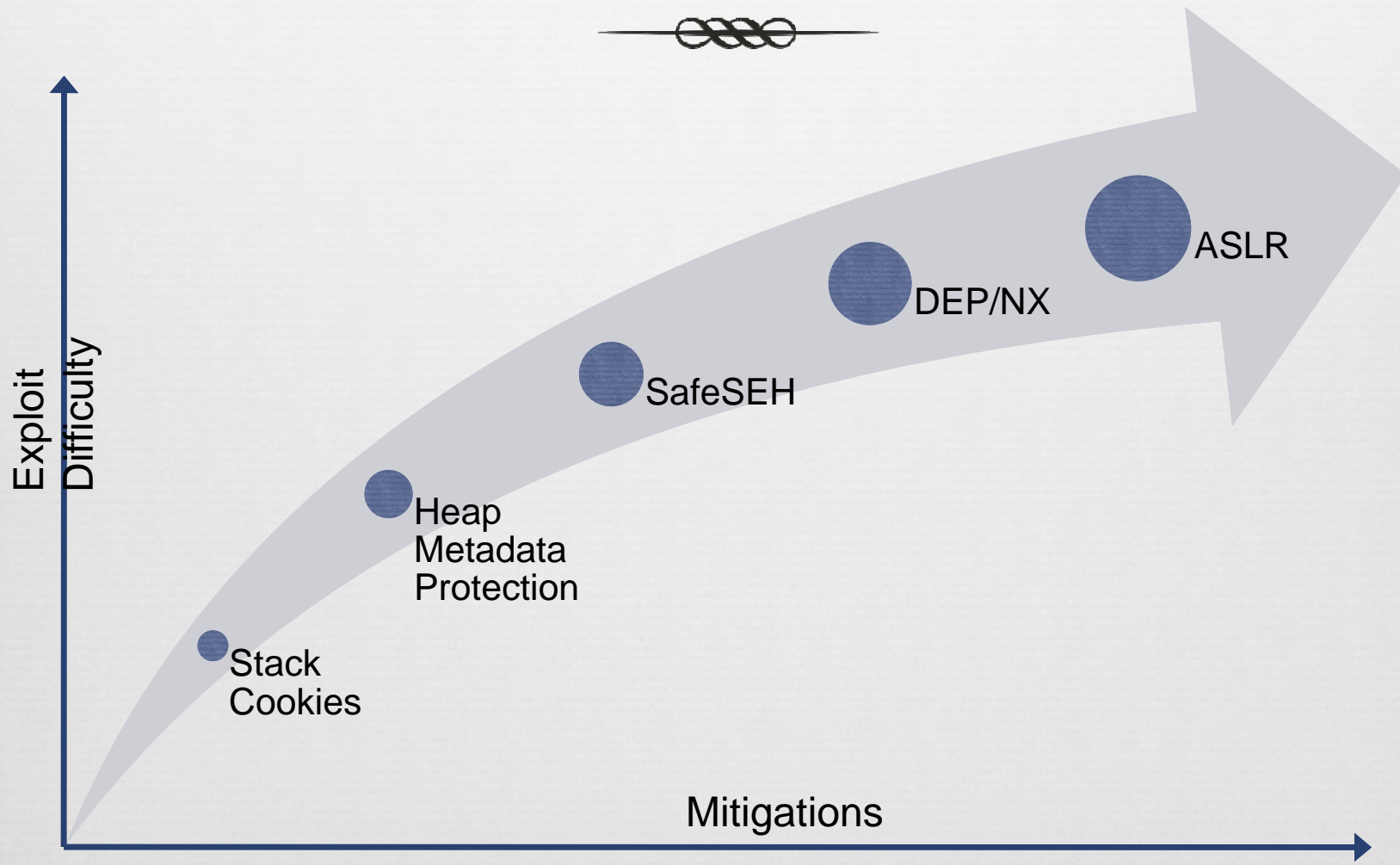
- ❧ In early 2000's, worm authors took published exploits and unleashed worms that caused widespread damage
 - ❧ Exploited stack buffer overflow vulnerabilities in Microsoft operating systems
 - ❧ Results in Bill Gates' "Trustworthy Computing" memo
- ❧ Microsoft's Secure Development Lifecycle (SDL) combines secure coding, auditing, and exploit mitigation

Exploit Mitigation



- ❧ Patching every security vulnerability and writing 100% bug-free code is impossible
 - ❧ Exploit mitigations acknowledge this and attempt to make exploitation of remaining vulnerabilities impossible or at least more difficult
- ❧ Windows XP SP2 was the first commercial operating system to incorporate exploit mitigations
 - ❧ Protected stack metadata (Visual Studio compiler /GS flag)
 - ❧ Protected heap metadata (Heap Safe Unlinking)
 - ❧ SafeSEH (compile-time exception handler registration)
 - ❧ Software and hardware-enforced Data Execution Prevention (DEP)
- ❧ Windows Vista and 7 include Address Space Layout Randomization (ASLR) and other mitigations

Mitigations Make Exploitation Harder



Exploitation Techniques Rendered Ineffective

Stack return address overwrite

Heap free block metadata overwrite

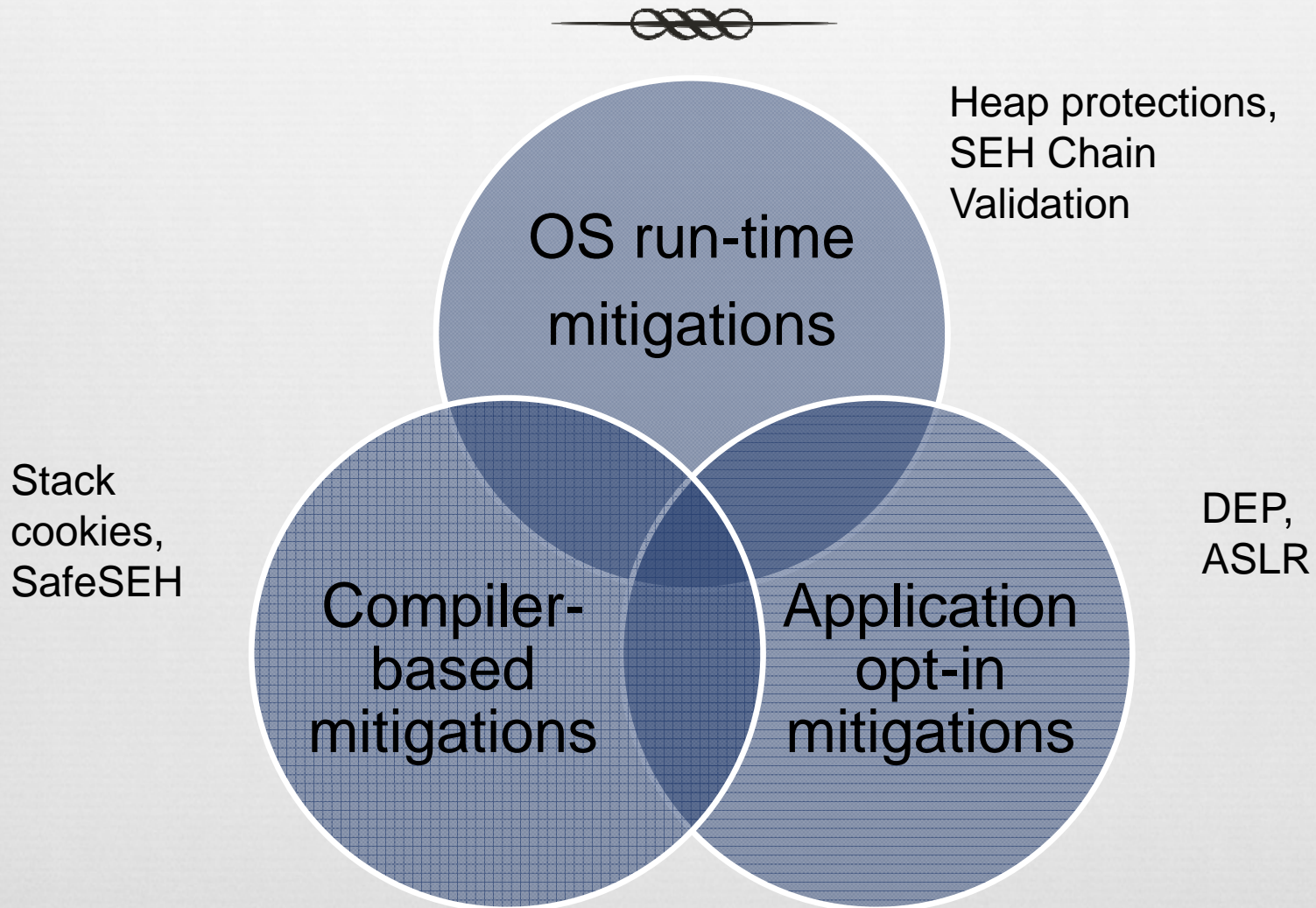
SEH Frame Overwrite

Direct jump/return to
shellcode

App-specific
data overwrite

???

Mitigations requires OS, Compiler, and Application Participation and are additive



What mitigations are active in my app?



- ❧ It is difficult for even a knowledgeable user to determine which mitigations are present in their applications
 - ❧ Is the application compiled with stack protection?
 - ❧ Is the application compiled with SafeSEH?
 - ❧ Do all executable modules opt-in to DEP (NXCOMPAT) and ASLR (DYNAMICBASE)?
 - ❧ Is the process running with DEP and/or Permanent DEP?
- ❧ Internet Explorer 8 on Windows 7 is 100% safe, right?
 - ❧ IE8 on Windows 7 uses the complete suite of exploit mitigations
 - ❧ ... as long as you don't install any 3rd-party plugins or ActiveX controls

Return-Oriented Exploitation



EIP != Arbitrary Code Execution



- ❧ Direct jump or “register spring” (jmp/call <reg>) into injected code is not always possible
 - ❧ ASLR and Library Randomization make code and data locations unpredictable
- ❧ EIP pointing to attacker-controlled data does not yield arbitrary code execution
 - ❧ DEP/NX makes data pages non-executable
 - ❧ On platforms with separate data and instruction caches (PowerPC, ARM), the CPU may fetch old data from memory, not your shellcode from data cache

EIP => Arbitrary Code Execution



- ✧ It now requires extra effort to go from full control of EIP to arbitrary code execution
- ✧ We use control of EIP to point ESP to attacker-controlled data
 - ✧ “Stack Pivot”
- ✧ We use control of the stack to direct execution by simulating subroutine returns into existing code
- ✧ Reuse existing subroutines and instruction sequences until we can transition to full arbitrary code execution

Stack Pivot

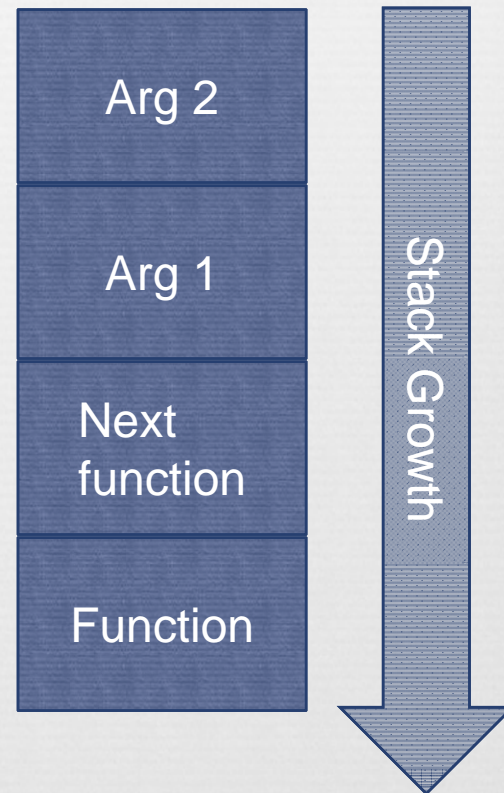


- ❧ First, attacker must cause stack pointer to point into attacker-controlled data
 - ❧ This comes for free in a stack buffer overflow
 - ❧ Exploiting other vulnerabilities (i.e. heap overflows) requires using a *stack pivot* sequence to point ESP into attacker data
 - ❧ `mov esp, eax`
`ret`
 - ❧ `xchg eax, esp`
`ret`
 - ❧ `add esp, <some amount>`
`ret`
- ❧ Attacker-controlled data contains a return-oriented exploit payload
 - ❧ These payloads may be 100% return-oriented or simply act as a temporary payload stage that enables subsequent execution of a traditional machine-code payload

Return-to-libc



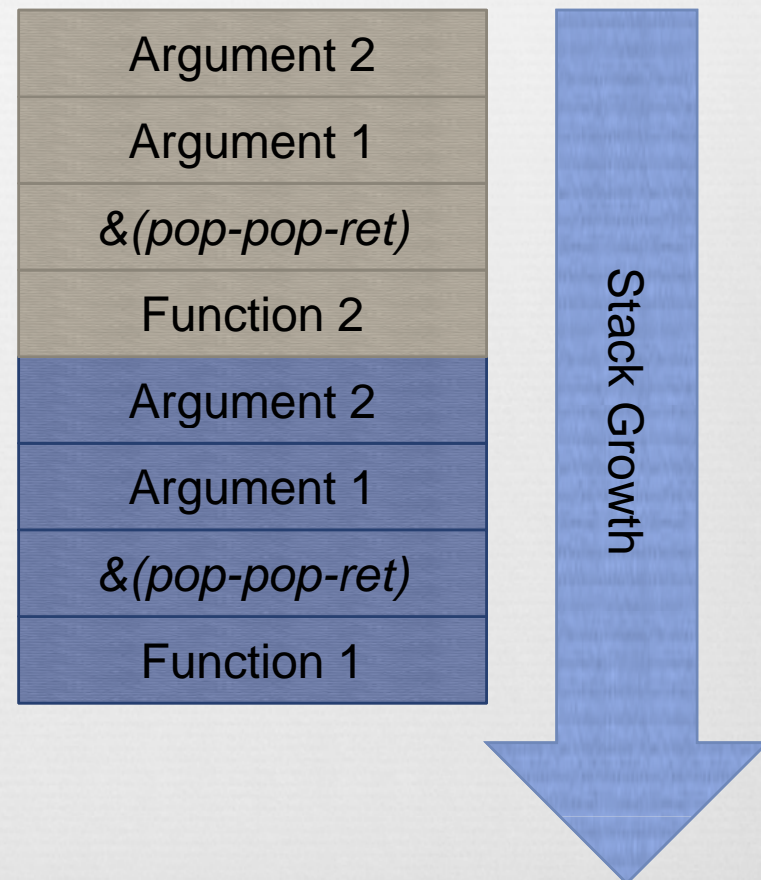
- ❧ Return-to-libc (ret2libc)
 - ❧ An attack against non-executable memory segments (DEP, W^X, etc)
 - ❧ Instead of overwriting return address to return into shellcode, return into a loaded library to simulate a function call
 - ❧ Data from attacker's controlled buffer on stack are used as the function's arguments
 - ❧ i.e. `call system(cmd)`



Return Chaining



- ❧ Stack unwinds upward
- ❧ Can be used to call multiple functions in succession
- ❧ First function must return into code to advance stack pointer over function arguments
 - ❧ i.e. pop-pop-ret
 - ❧ Assuming cdecl and 2 arguments



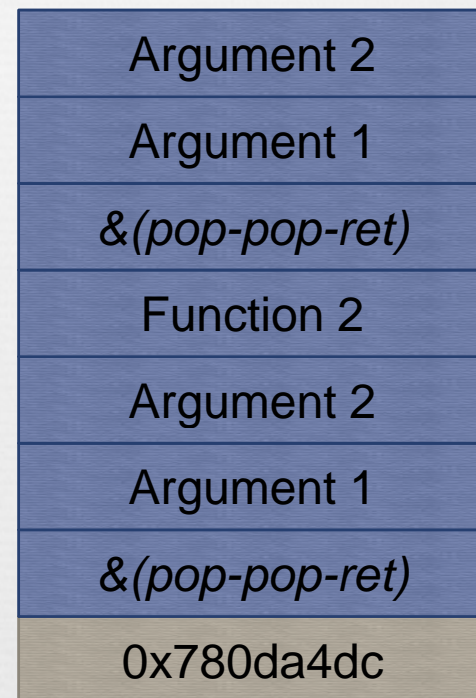
Return Chaining



0043a82f:

ret

...



Stack Growth



Return Chaining



780da4dc:

push ebp

mov ebp, esp

sub esp, 0x100

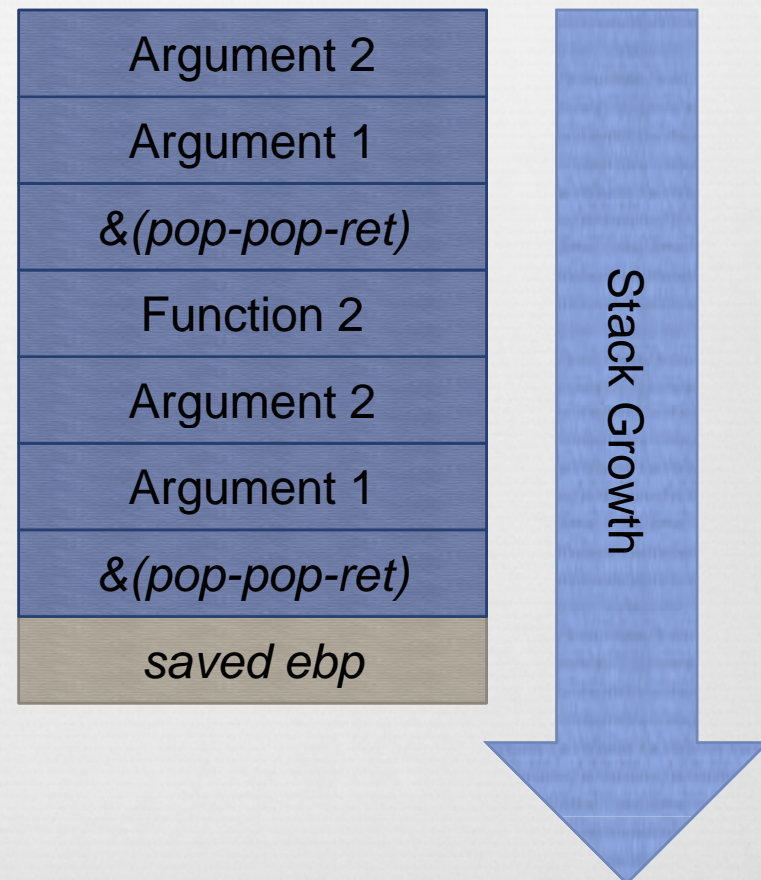
...

mov eax, [ebp+8]

...

leave

ret



Return Chaining



780da4dc:

push ebp

mov ebp, esp

sub esp, 0x100

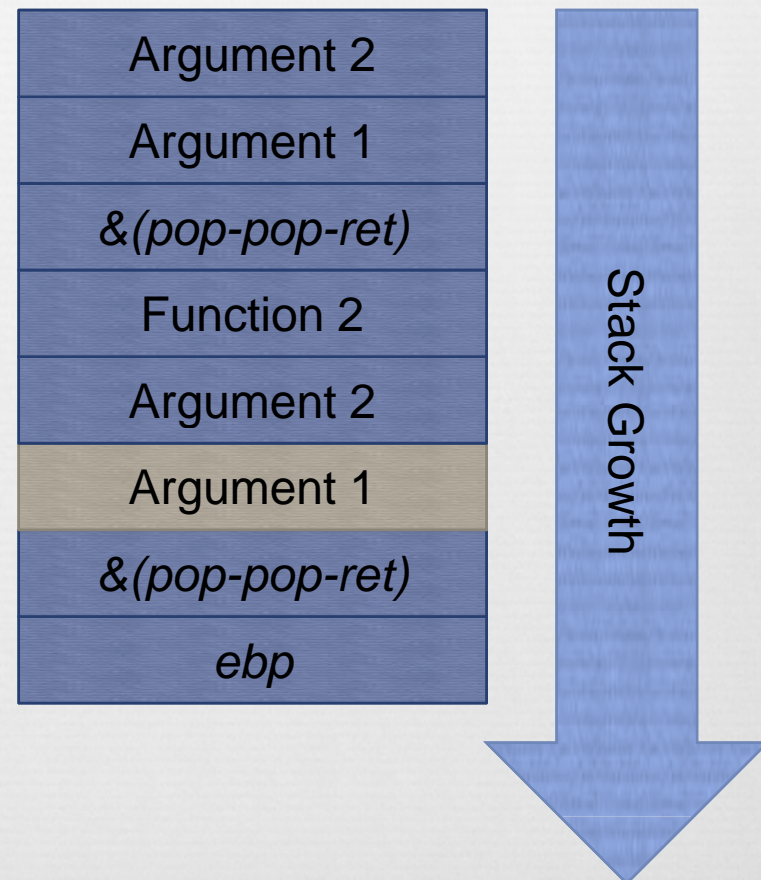
...

mov eax, [ebp+8]

...

leave

ret



Return Chaining



780da4dc:

push ebp

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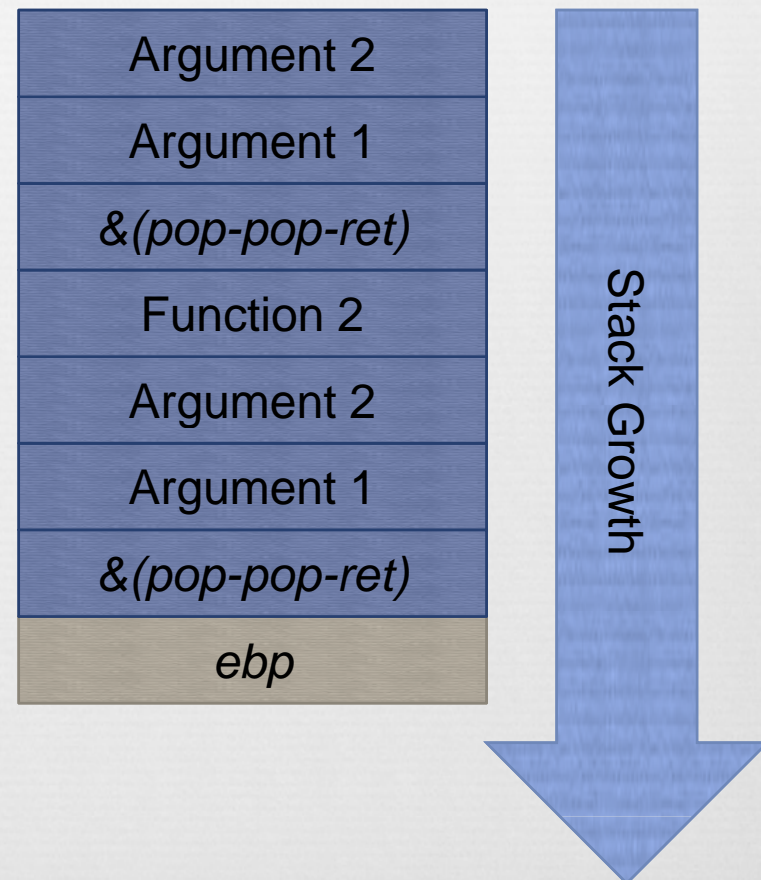
...

mov eax, [ebp+8]

...

leave

ret



Return Chaining



780da4dc:

push ebp

mov ebp, esp

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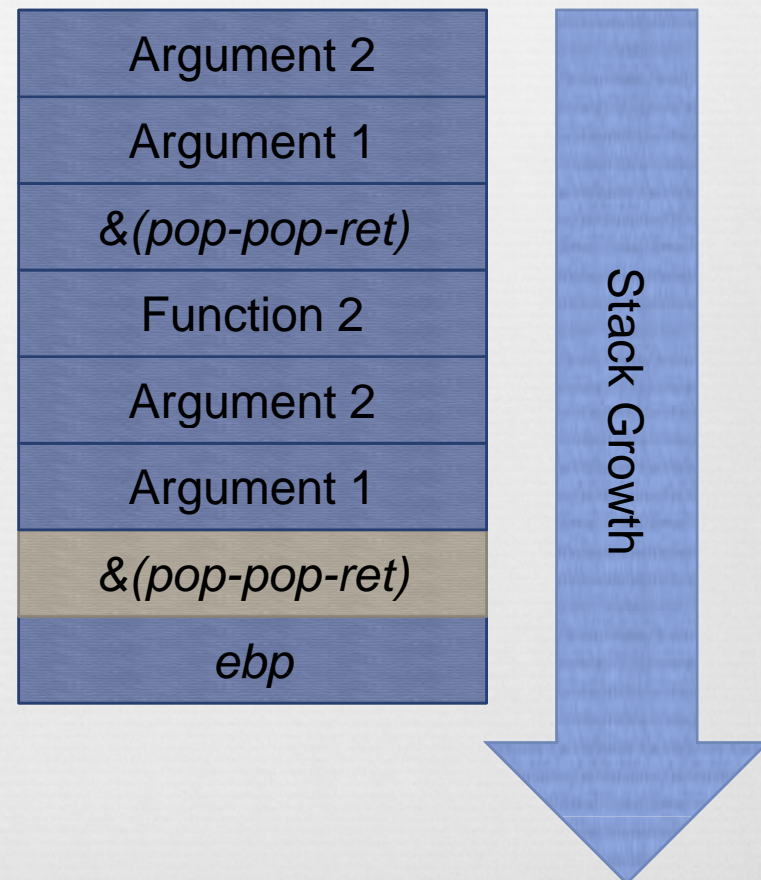
...

mov eax, [ebp+8]

...

leave

ret



Return Chaining

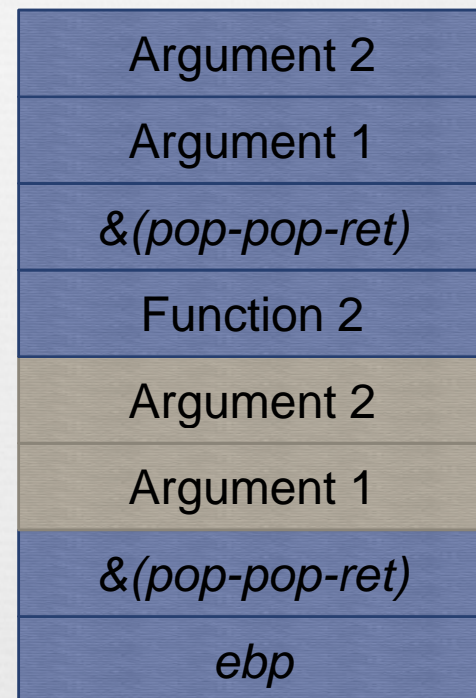


6842e84f:

pop edi

pop ebp

ret



Stack Growth

Return Chaining

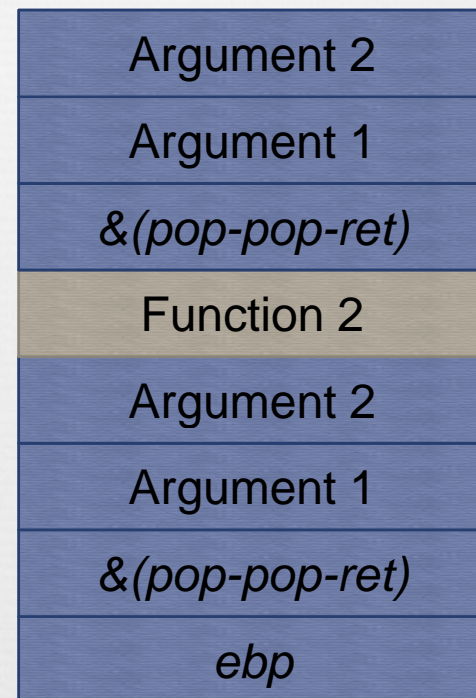


6842e84f:

pop edi

pop ebp

ret

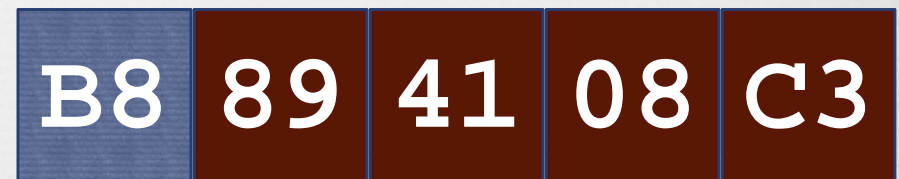


Stack Growth

Return-Oriented Programming



```
mov eax, 0xc3084189
```



```
mov [ecx+8], eax  
ret
```

- ✧ Instead of returning to functions, return to instruction sequences followed by a return instruction
- ✧ Can return into middle of existing instructions to simulate different instructions
- ✧ All we need are useable byte sequences anywhere in executable memory

pages

Return-Oriented Programming

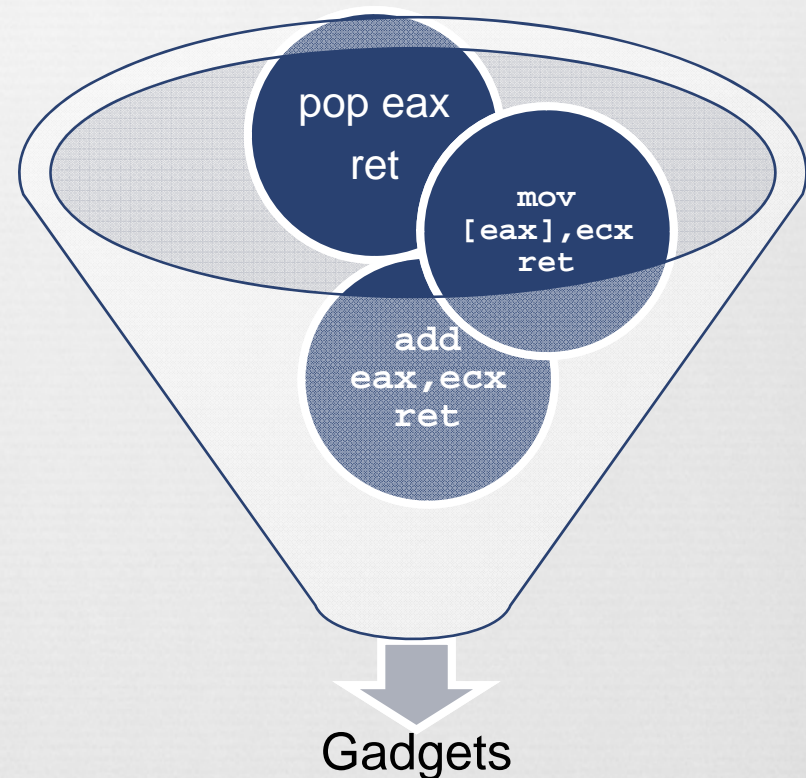
is A lot like a ransom
note, BUT instead of cutting
out Letters from Magazines,
YOU ARE cutting out
instructions from text
segments

Credit: Dr. Raid's Girlfriend

Return-Oriented Gadgets



- ❧ Various instruction sequences can be combined to form *gadgets*
- ❧ Gadgets perform higher-level actions
 - ❧ Write specific 32-bit value to specific memory location
 - ❧ Add/sub/and/or/xor value at memory location with immediate value
 - ❧ Call function in shared library



Example Gadget



Return-Oriented POKE Gadget



684a0f4e:

pop eax

ret

684a2367:

pop ecx

ret

684a123a:

mov [ecx], eax

ret

| |
|------------|
| 0x684a123a |
| 0xfeedface |
| 0x684a2367 |
| 0xdeadbeef |
| 0x684a0f4e |

Stack Growth

Return-Oriented POKE Gadget



684a0f4e:

pop eax

ret

684a2367:

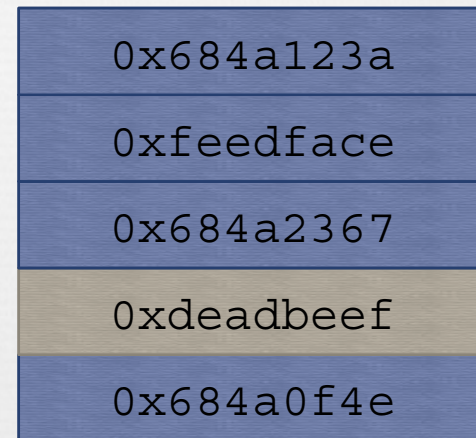
pop ecx

ret

684a123a:

mov [ecx], eax

ret



Stack Growth

Return-Oriented POKE Gadget



684a0f4e:

pop eax

ret

684a2367:

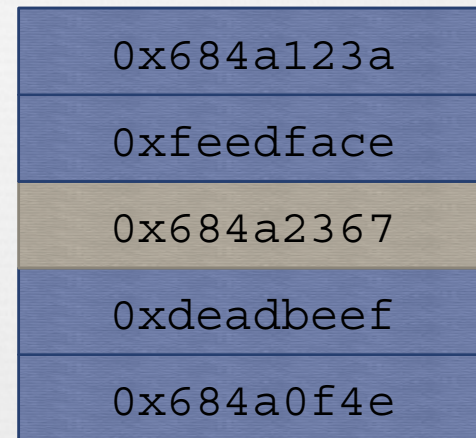
pop ecx

ret

684a123a:

mov [ecx], eax

ret



Stack Growth

Return-Oriented POKE Gadget



684a0f4e:

pop eax

ret

684a2367:

pop ecx

ret

684a123a:

mov [ecx], eax

ret

0x684a123a

0xfeedface

0x684a2367

0xdeadbeef

0x684a0f4e

Stack Growth

Return-Oriented POKE Gadget



684a0f4e:

pop eax

ret

684a2367:

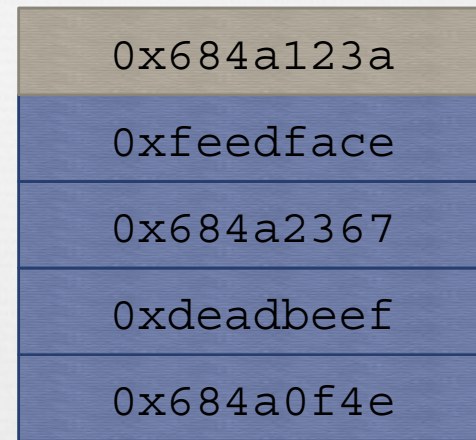
pop ecx

ret

684a123a:

mov [ecx], eax

ret



Stack Growth

Return-Oriented POKE Gadget



684a0f4e:

pop eax

ret

684a2367:

pop ecx

ret

684a123a:

mov [ecx], eax

ret

0x684a123a

0xfeedface

0x684a2367

0xdeadbeef

0x684a0f4e

Stack Growth

Return-Oriented POKE Gadget



684a0f4e:

pop eax

ret

684a2367:

pop ecx

ret

684a123a:

mov [ecx], eax

ret

0x684a123a

0xfeedface

0x684a2367

0xdeadbeef

0x684a0f4e

Stack Growth

Generating a Return-Oriented Program



- ❧ Scan executable memory regions of common shared libraries for useful instructions followed by return instructions
- ❧ Chain returns to identified sequences to form all of the desired gadgets from a Turing-complete gadget catalog
- ❧ The gadgets can be used as a backend to a C compiler
- ❧ “Preventing the introduction of malicious code is not enough to prevent the execution of malicious computations”
 - ❧ “The Geometry of Innocent Flesh on the Bone: Return-Into-Libc without Function Calls (on the x86)”, Hovav Shacham (ACM CCS 2007)

BISC



Borrowed Instructions Synthetic
Computer

BISC



- ❧ BISC is a ruby library for demonstrating how to build borrowed-instruction¹ programs
- ❧ Design principles:
 - ❧ Keep It Simple, Stupid (KISS)
 - ❧ Analogous to a traditional assembler
 - ❧ Minimize behind the scenes “magic”
 - ❧ Let user write simple “macros”

1. Sebastian Krahmer, “x86-64 buffer overflow exploits and the borrowed code chunks exploitation technique”. <http://www.suse.de/~krahmer/no-nx.pdf>

ROP vs. BISC



Return-Oriented Programming

- ↻ Reuses single instructions followed by a return
- ↻ Composes reused instruction sequences into gadgets
- ↻ Requires a Turing-complete gadget catalog with conditionals and flow control
- ↻ May be compiled from a high-level language

BISC

- ↻ Reuses single instructions followed by a return
- ↻ Programs are written using the mnemonics of the borrowed instructions
- ↻ Opportunistic based on instructions available
- ↻ Nowhere near Turing-complete
- ↻ Supports user-written macros to abstract common operations

Borrowed-Instruction Assembler



- ❧ We don't need a full compiler, just an assembler
 - ❧ Writing x86 assembly is not scary
 - ❧ Only needs to support a minimal subset of x86
- ❧ Our assembler will let us write borrowed-instruction programs using familiar x86 assembly syntax
 - ❧ Source instructions are replaced with an address corresponding to that borrowed instruction
- ❧ Assembler will scan a given set of PE files for borrowable instructions
- ❧ No support for conditionals or loops

BISC Scanner



- ❧ Core scanner functionality is implemented through binary regular expressions for known instruction encoding formats
- ❧ Regular expressions for all known instruction formats are combined into one complex regular expression
 - ❧ Handler procedure is called on each match to parse identified instruction instances and produce a symbol representing the borrowable instruction
 - ❧ i.e.: `/\x89[\x00-\x3f\xc0-\xff]\xc3/`
 - ❧ A match of `\x8B\x01\xC3` produces the symbol “MOV EAX, [ECX]”

BISC Borrowable Instructions



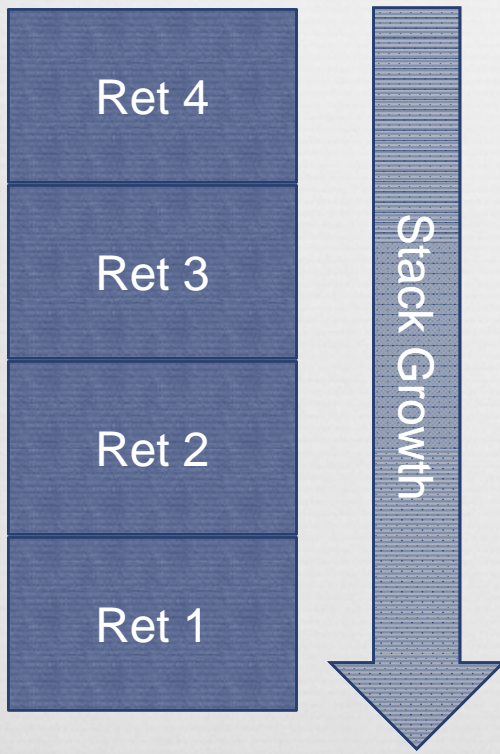
```
$ ./bisc.rb EXAMPLE
ADD EAX, ECX
ADD EAX, [EAX]
ADD ESI, ESI
ADD ESI, [EBX]
ADD [EAX], EAX
ADD [EBX], EAX
ADD [EBX], EBP
ADD [EBX], EDI
ADD [ECX], EAX
ADD [ESP], EAX
AND EAX, EDX
AND ESI, ESI
INT3
MOV EAX, ECX
MOV EAX, EDX
MOV EAX, [ECX]
MOV [EAX], EDX
MOV [EBX], EAX
MOV [ECX], EAX
MOV [ECX], EDX
MOV [EDI], EAX
MOV [EDX], EAX
MOV [EDX], ECX
MOV [ESI], ECX
```

```
OR EAX, ECX
OR EAX, [EAX]
OR [EAX], EAX
OR [EDX], ESI
POP EAX
POP EBP
POP EBX
POP ECX
POP EDI
POP EDX
POP ESI
POP ESP
SUB EAX, EBP
SUB ESI, ESI
SUB [EBX], EAX
SUB [EBX], EDI
XCHG EAX, EBP
XCHG EAX, ECX
XCHG EAX, EDI
XCHG EAX, EDX
XCHG EAX, ESP
XOR EAX, EAX
XOR EAX, ECX
XOR EDX, EDX
XOR [EBX], EAX
```

Programming Model



**Stack unwinds
“upward”**



**We write borrowed-
instruction programs
“downward”**

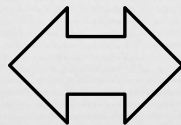
```
RET 1  
RET 2  
RET 3  
RET 4
```


Me Talk Pretty One Day



- Each unique return-oriented instruction is a word in your vocabulary
- A larger vocabulary is obviously better, but not strictly necessary in order to get your point across
- You will need to work with the vocabulary that you have available

```
MOV EDX, [ECX]  
MOV EAX, EDX  
MOV ESI, 3  
ADD EAX, ESI  
MOV [ECX], EAX
```



```
ADD [ECX], 3
```

BISC Programs



- Programs are nested arrays of strings representing borrowed instructions and immediate values

```
Main = [ "POP EAX", 0xdeadbeef ]
```

- Arrays can be nested, which allows macros:

```
Main = [  
    [ "POP EAX", 0xdeadbeef ],  
    "INT3"  
]
```

Higher-Order BISC



- ❧ Consider macros “virtual methods” for common high-level operations:
 - ❧ Set variable to immediate value
 - ❧ ADD/XOR/AND variable with immediate value
 - ❧ Call a stdcall/cdecl function through IAT
- ❧ Write programs in terms of macros, not borrowed instructions
- ❧ Macros can be re-implemented if they require unavailable borrowed instructions

BISC Macros



- ∞ Macros are ruby functions that return an array of borrowed-instructions and values

```
def set(variable, value)
  return [
    "POP EAX", value,
    "POP ECX", variable,
    "MOV [ECX], EAX"
  ]
end
```

BISC Sample Program



```
#!/usr/bin/env ruby -I/opt/msf3/lib -I../lib
require 'bisc'
```

```
bisc = BISC::Assembler.new(ARGV)
```

```
def clear(var)
  return [
    "POP EDI", 0xffffffff,
    "POP EBX", var,
    "OR [EBX], EDI",
    "POP EDI", 1,
    "ADD [EBX], EDI"
  ]
end
```

```
v = bisc.allocate(4)
Main = [ clear(v) ]
print bisc.assemble(Main)
```

ROP Faster, Not Harder



- ❧ BISC intentionally uses simplest (dumbest) implementation and approach at every opportunity
 - ❧ aka, “Return-Oriented Programming in Evenings and Weekends”
 - ❧ Effective, but still requires some manual work
- ❧ ROP, Zynamics style (i.e. the smart way)
 - ❧ “Everybody be cool, this is a roppery!” by Iozzo, Kornau, and Weinmann
 - ❧ Searches for gadgets in architecture-independent manner using REIL meta assembly language
 - ❧ Compiles virtual assembly language into sequence of ARM returns

Return-Oriented Exploitation Strategies



Bridge to Execution of Traditional Payload



- ❧ Copy payload to executable memory
 - ❧ Allocate new RWX memory
 - ❧ Use existing RWX memory at known location
 - ❧ WriteProcessMemory(WriteProcessMemory())
- ❧ Build payload in executable memory
 - ❧ Copy 1-N byte chunks found at known locations
 - ❧ Sequence of returns to perform 4-byte writes
- ❧ Make memory containing payload executable

Data Execution Prevention



- ❧ DEP uses the NX/XD bit of x86 processors to enforce the non-execution of memory pages without PROT_EXEC permission
 - ❧ On non-PAE processors/kernels, READ => EXEC
 - ❧ PaX project cleverly simulated NX by desynchronizing instruction and data TLBs
- ❧ Requires every module in the process (EXE and DLLs) to be compiled with /NXCOMPAT flag
- ❧ DEP can be turned off dynamically for the whole process by calling (or returning into) NtSetInformationProcess()1
- ❧ XP SP3, Vista SP1, and Windows 7 support “Permanent DEP” that once enabled, cannot be disabled at run-time

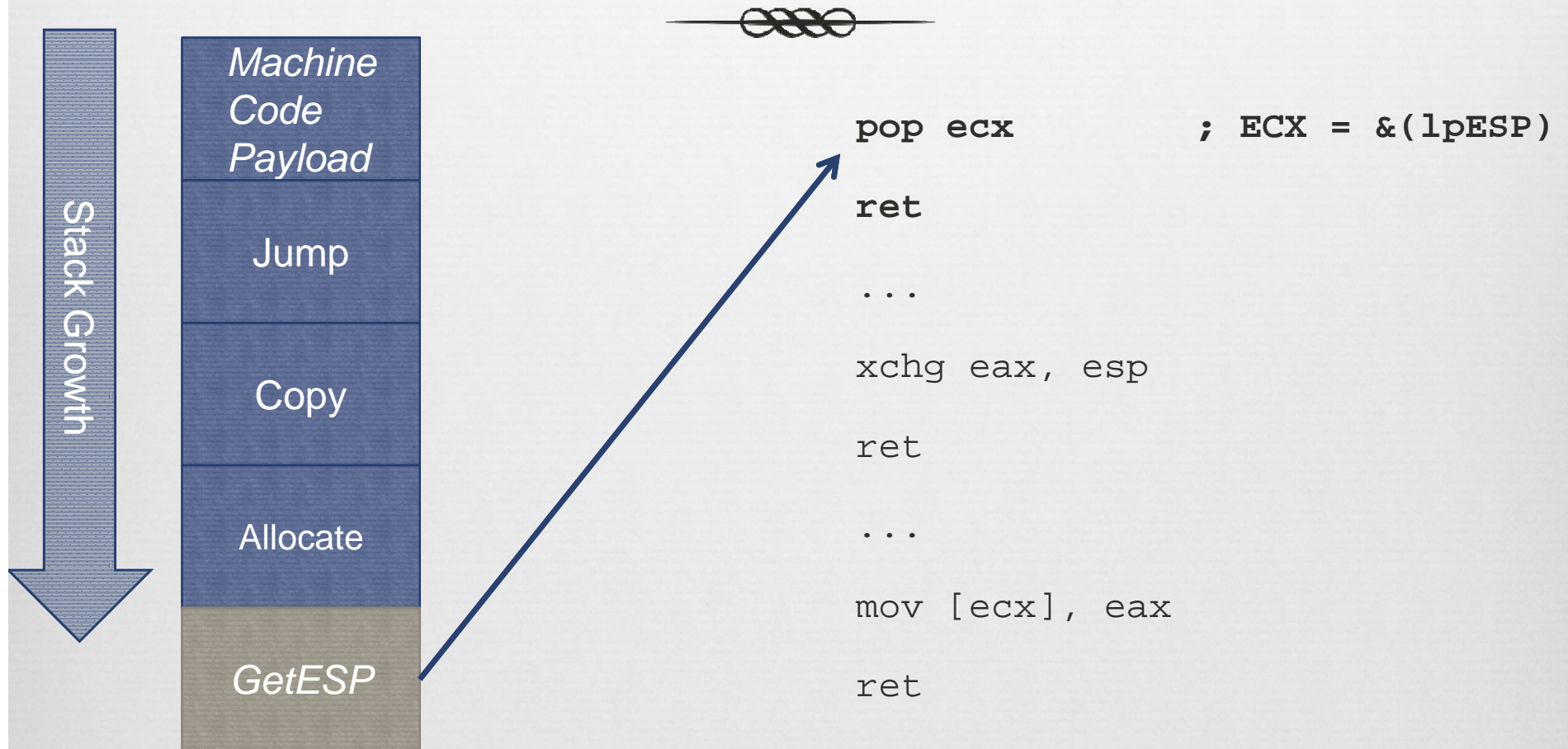
1. “Bypassing Windows Hardware-Enforced Data Execution Prevention”, skape and Skywing (Uninformed Journal, October 2005)

Example Return-Oriented Payload Stage

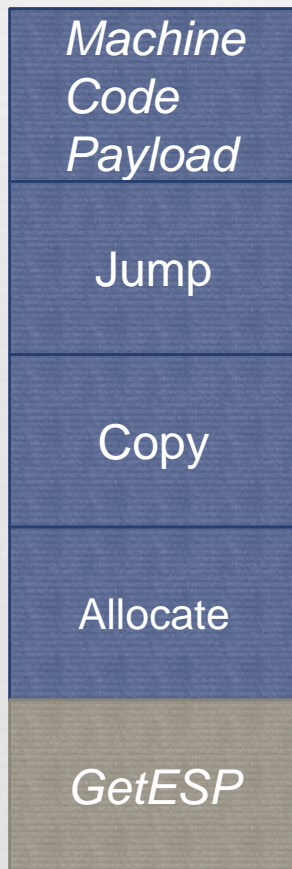


- ❧ DEP/NX prevents execution of data in non-executable memory, but does not prevent dynamic creation of new executable code
 - ❧ Whereas iOS's code signing enforcement does
- ❧ Four basic steps to obtain arbitrary code execution:
 - ❧ GetESP – Records value of ESP for use later
 - ❧ Allocate – Allocates new executable memory
 - ❧ Copy – Copies traditional machine code payload into newly allocated executable memory
 - ❧ Jump – Executes payload from newly allocated memory

GetESP



GetESP



pop ecx

ret

...

xchg eax, esp ; EAX = ESP

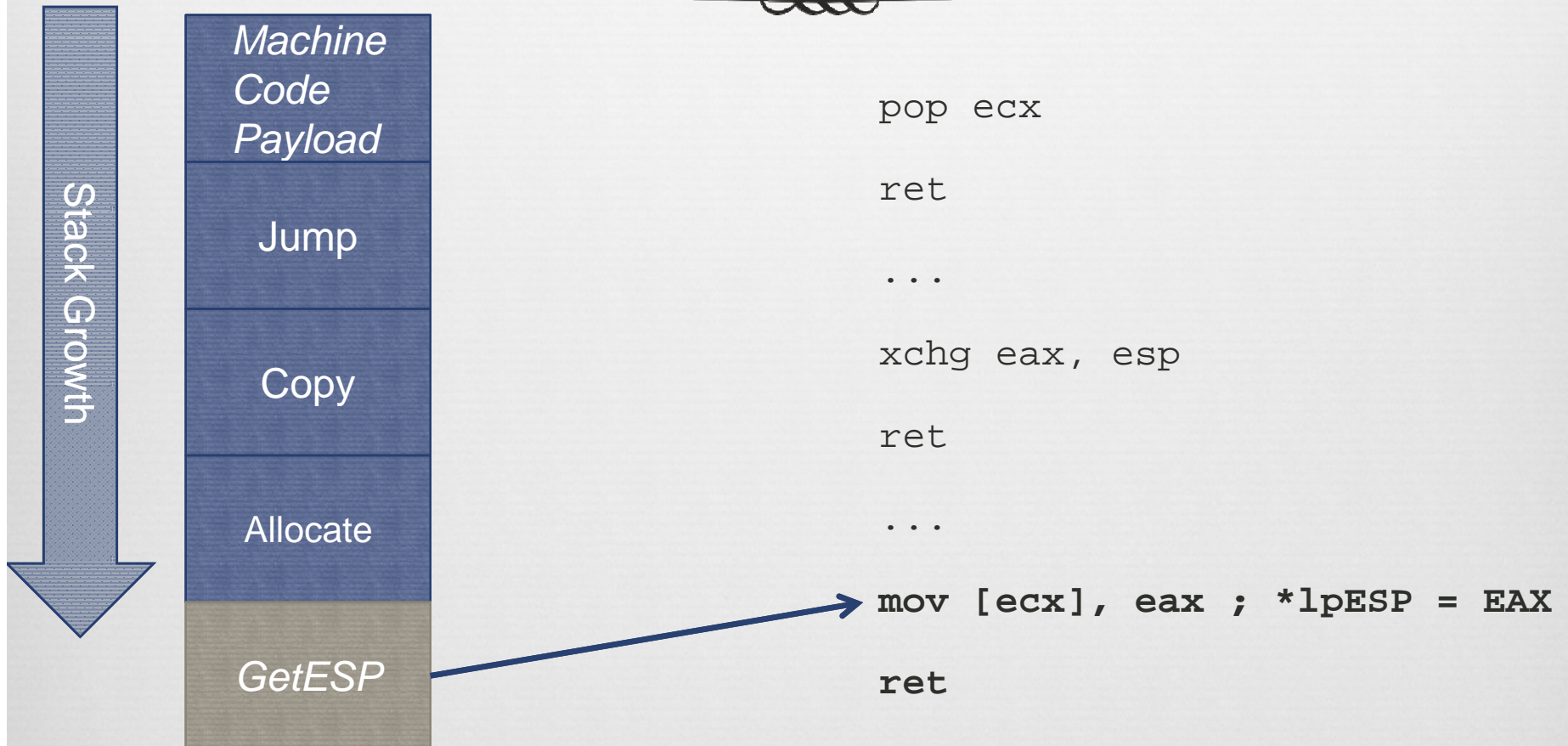
ret

...

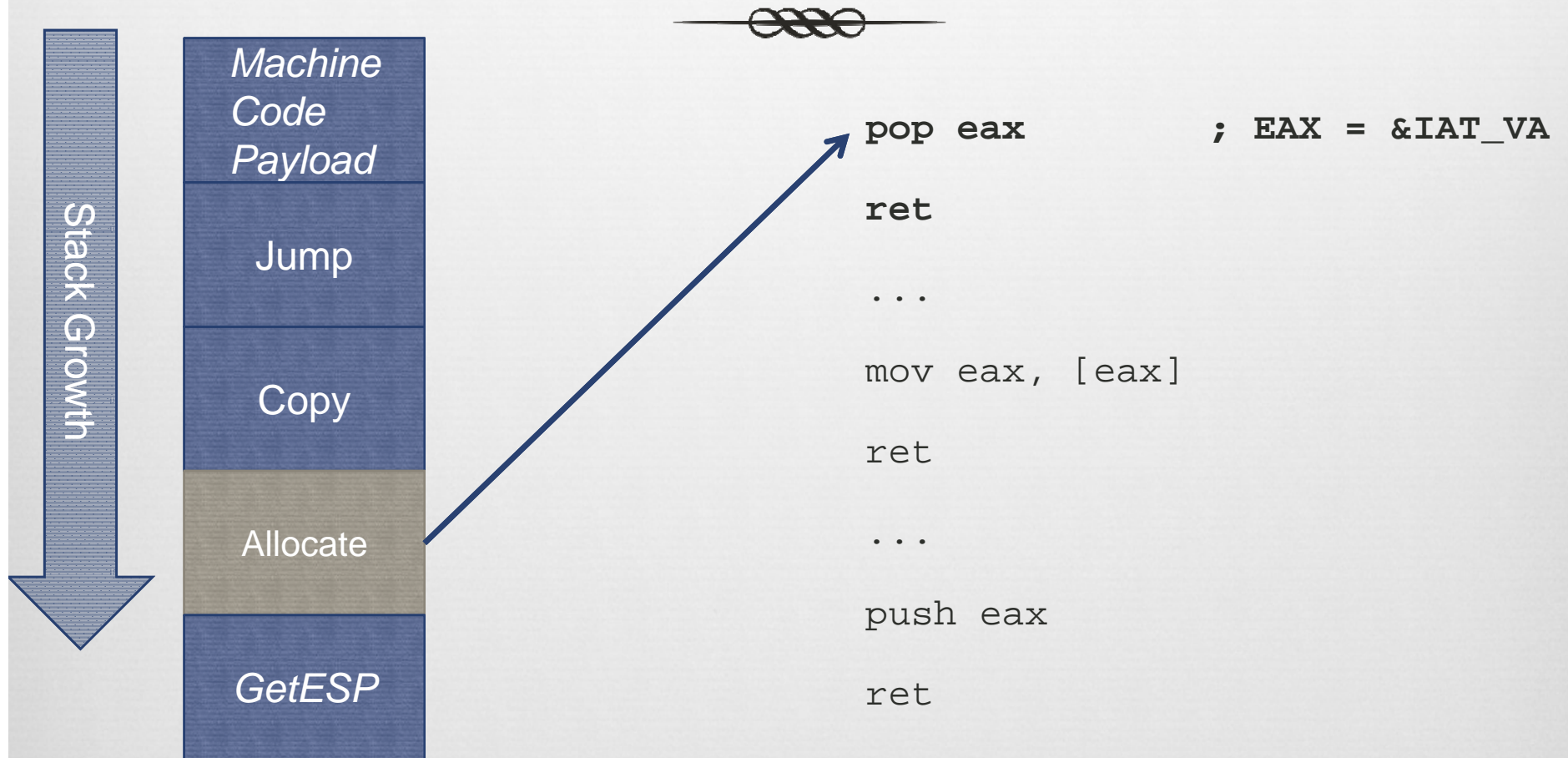
mov [ecx], eax

ret

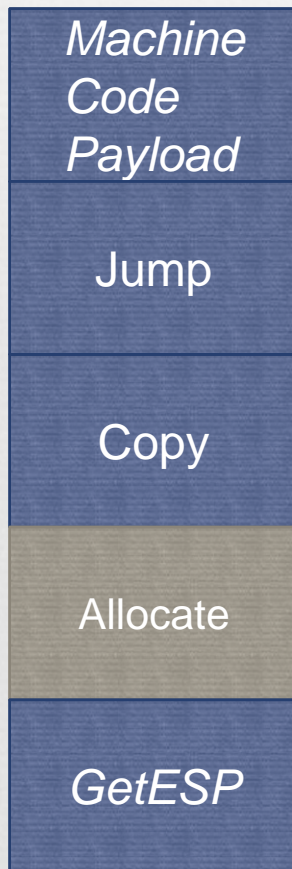
GetESP



Allocate



Allocate



pop eax

ret

...

mov eax, [eax] ; EAX = &(VA)

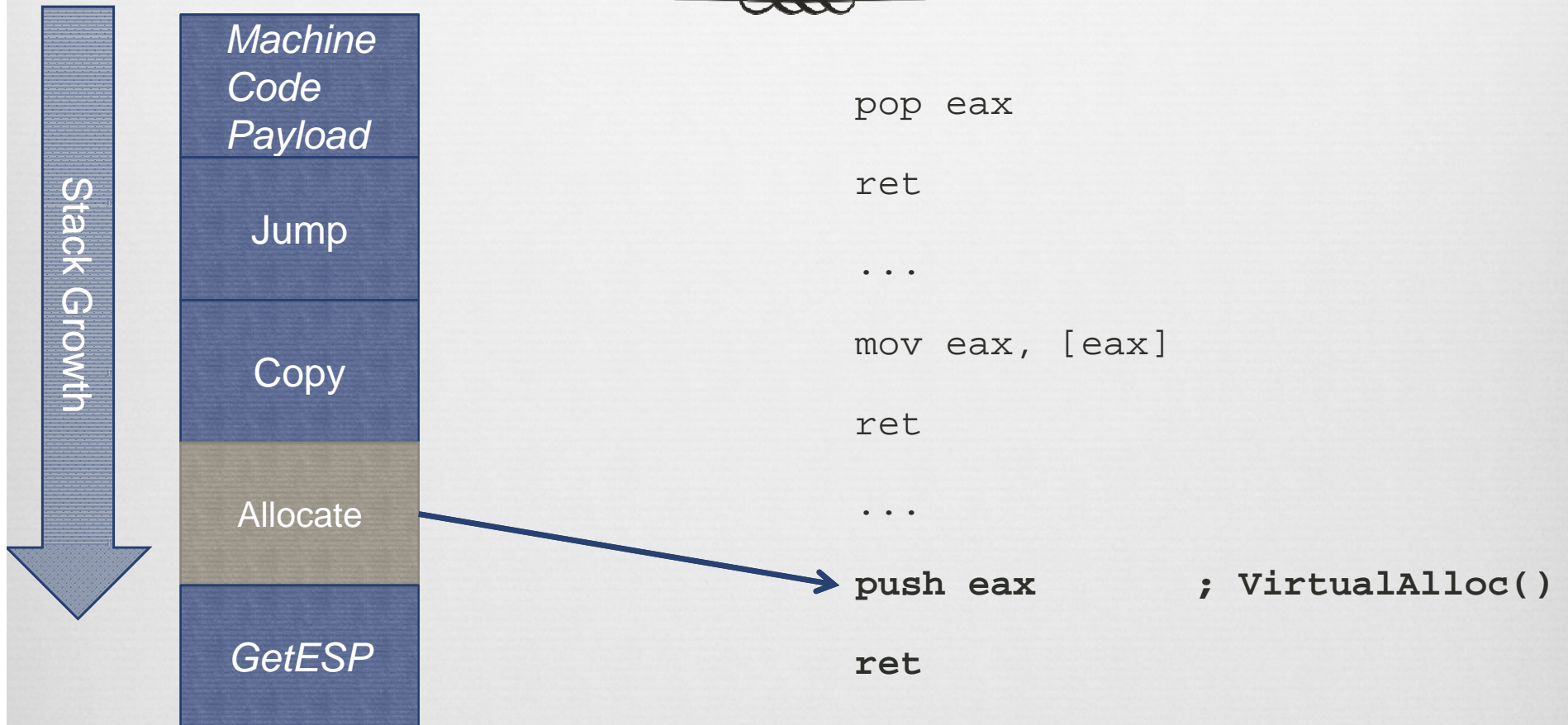
ret

...

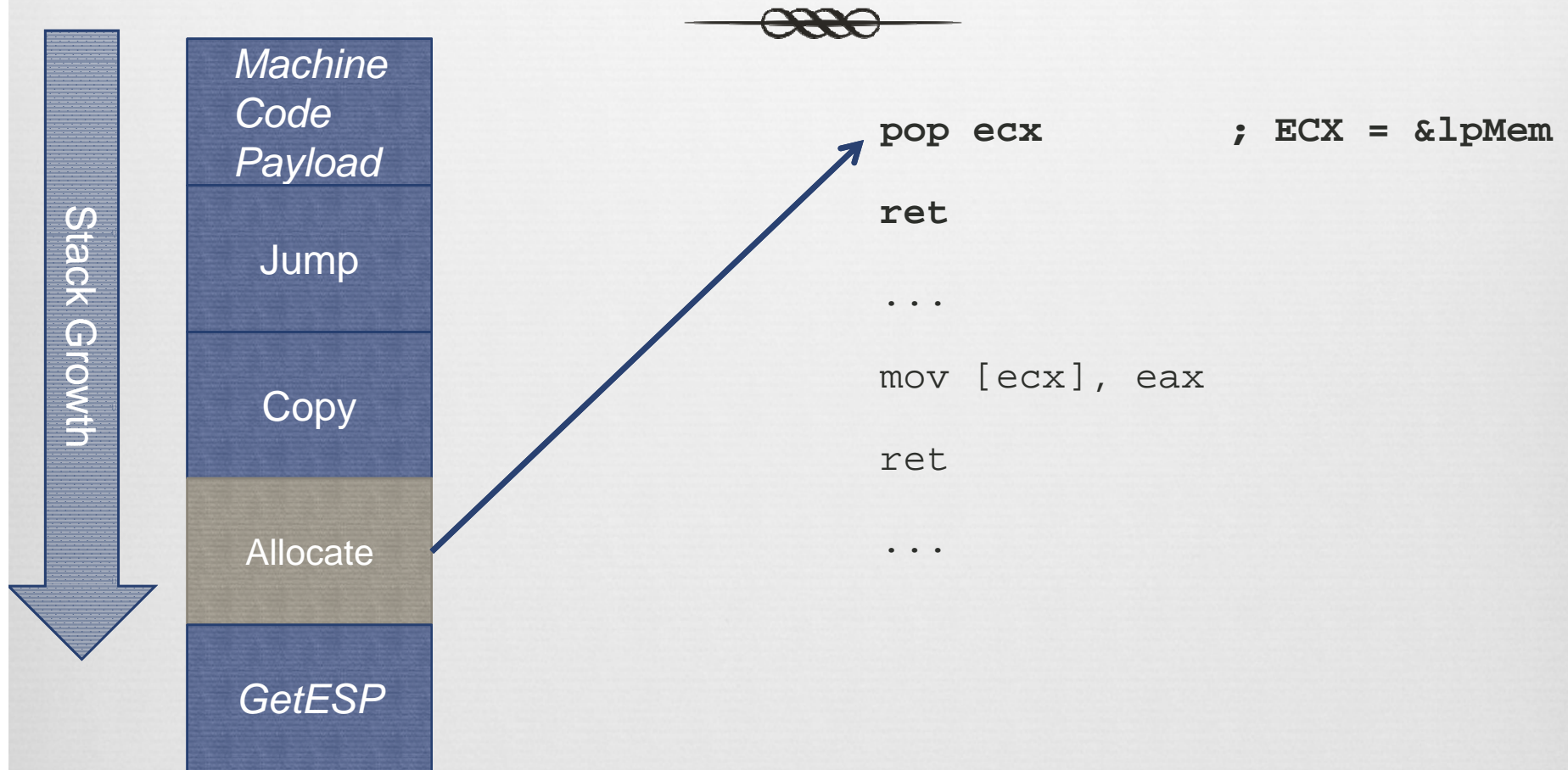
push eax

ret

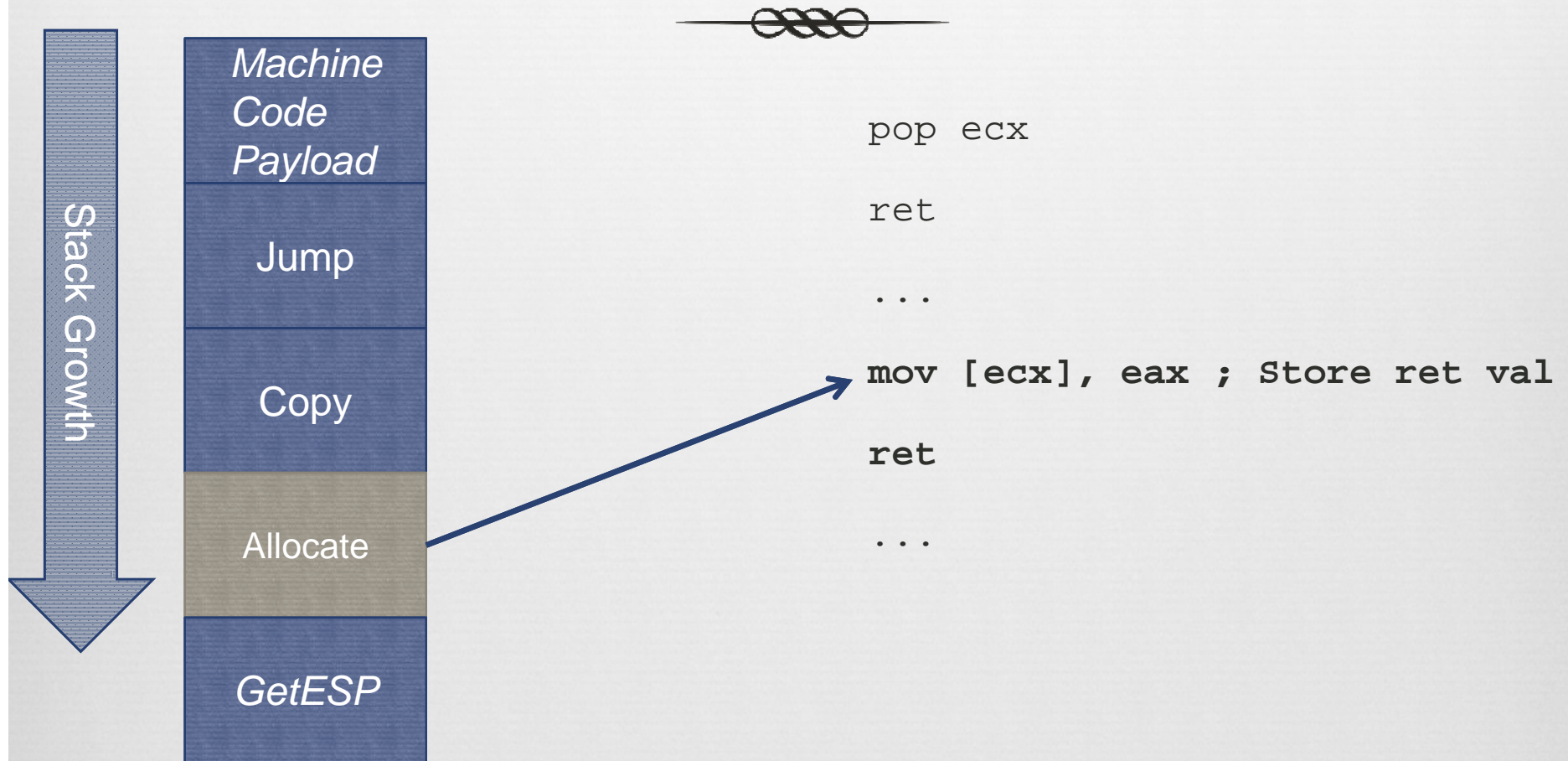
Allocate



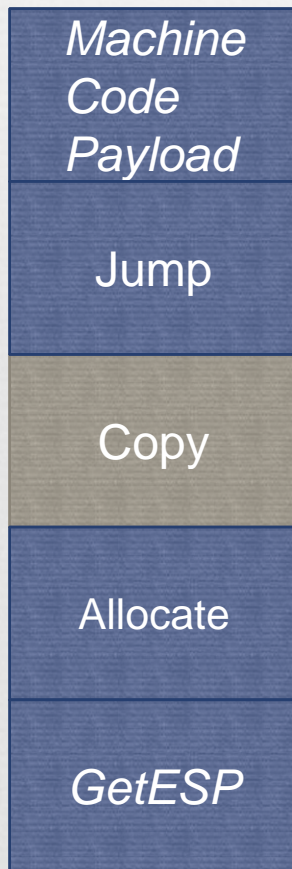
Allocate



Allocate

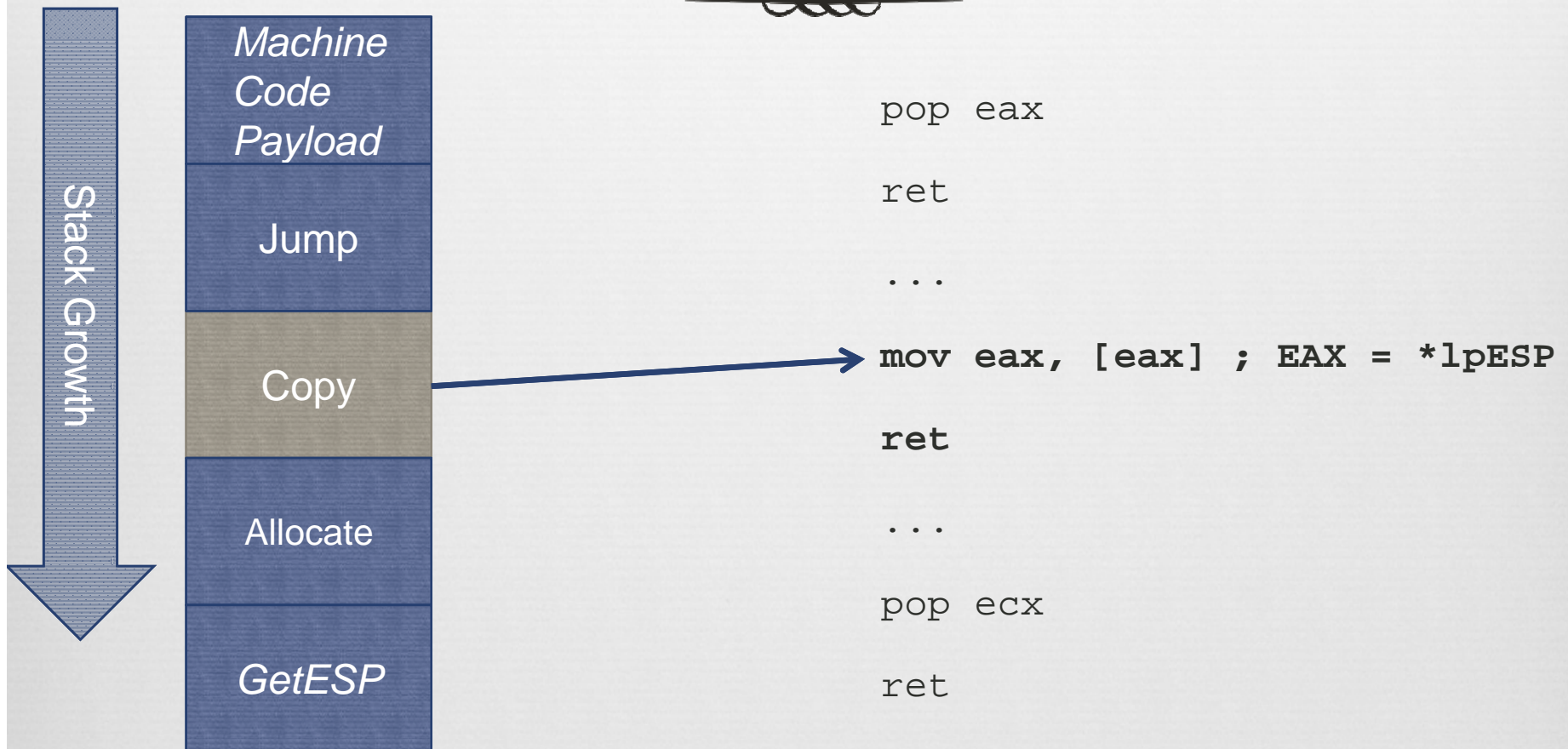


Copy

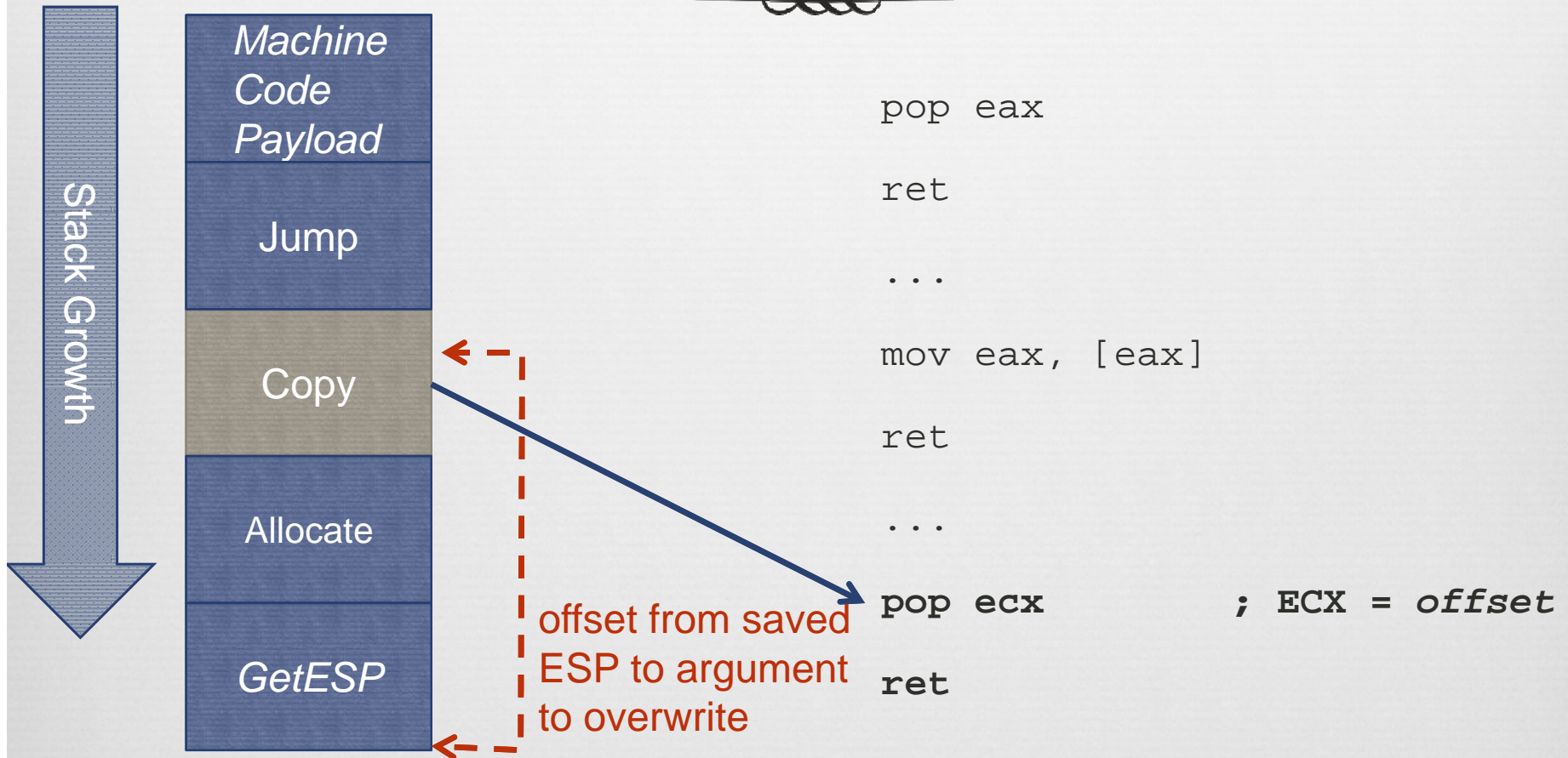


```
pop eax           ; EAX = &lpESP
ret
...
mov eax, [eax]
ret
...
pop ecx
ret
```

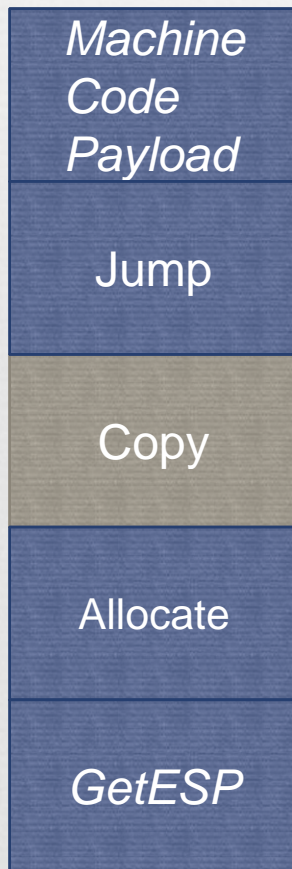
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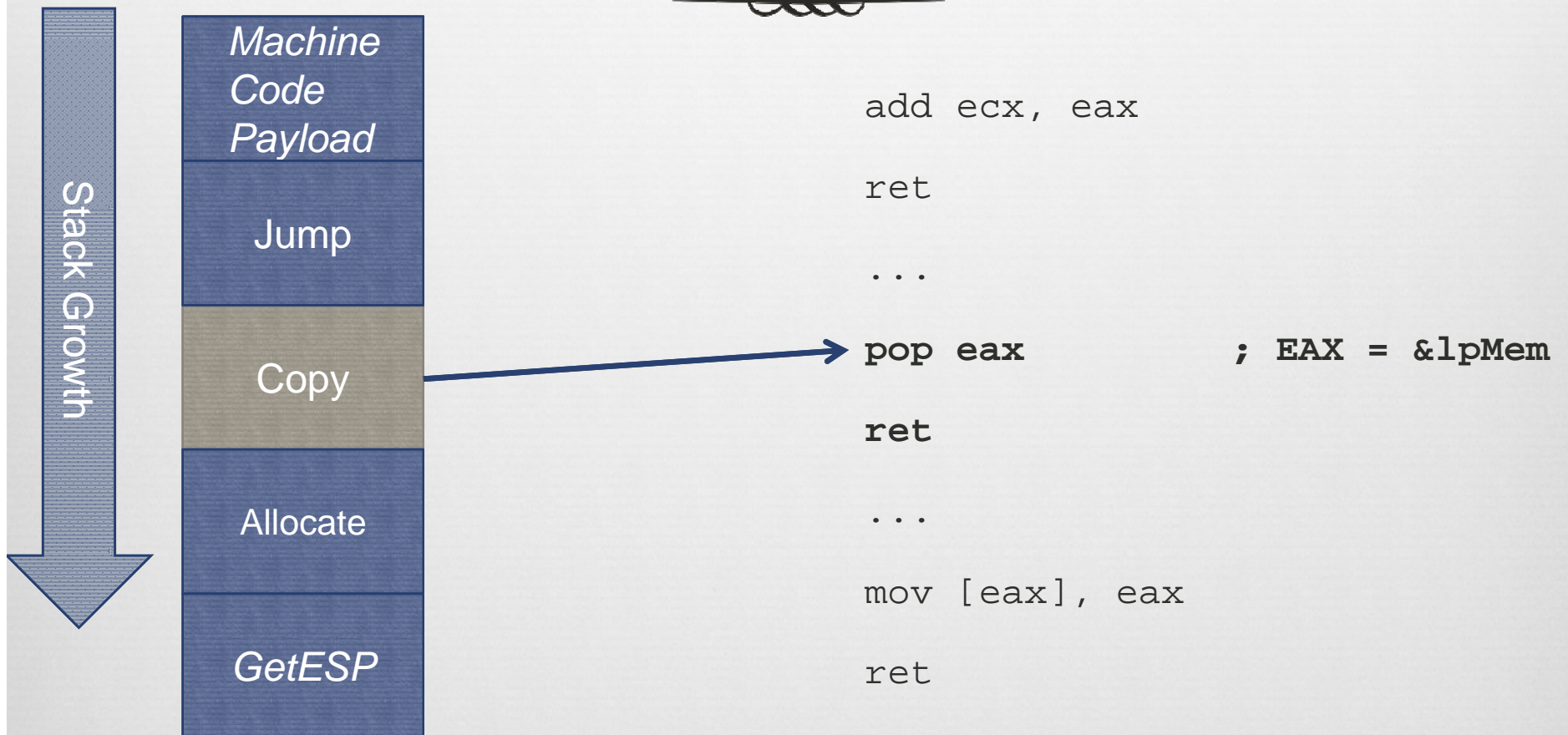


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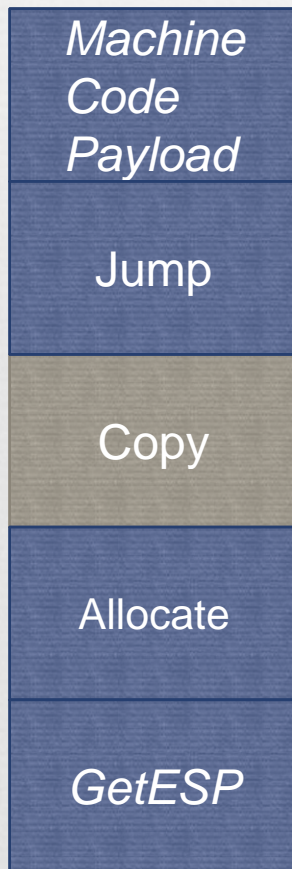


```
add ecx, eax    ; ECX = &arg0
ret
...
pop eax
ret
...
mov [eax], eax
ret
```

Copy



Copy



```
add ecx, eax
```

```
ret
```

```
...
```

```
pop eax
```

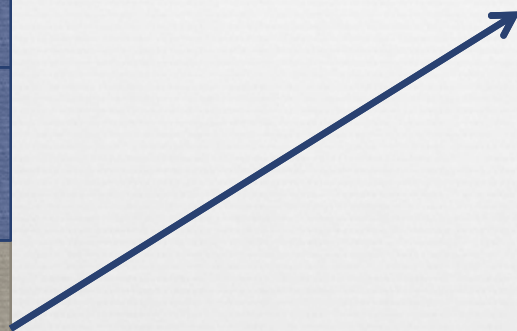
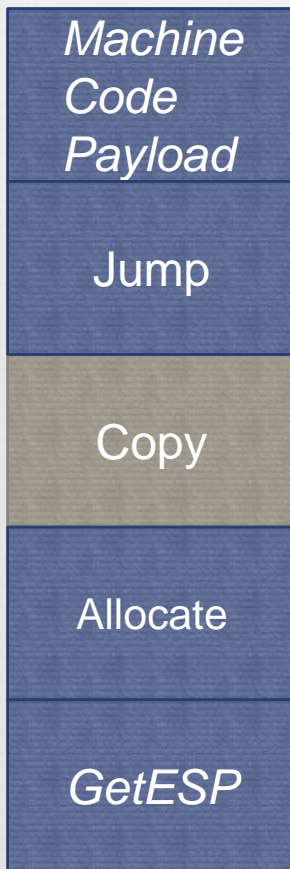
```
ret
```

```
...
```

```
mov [eax], eax ; EAX = lpMem
```

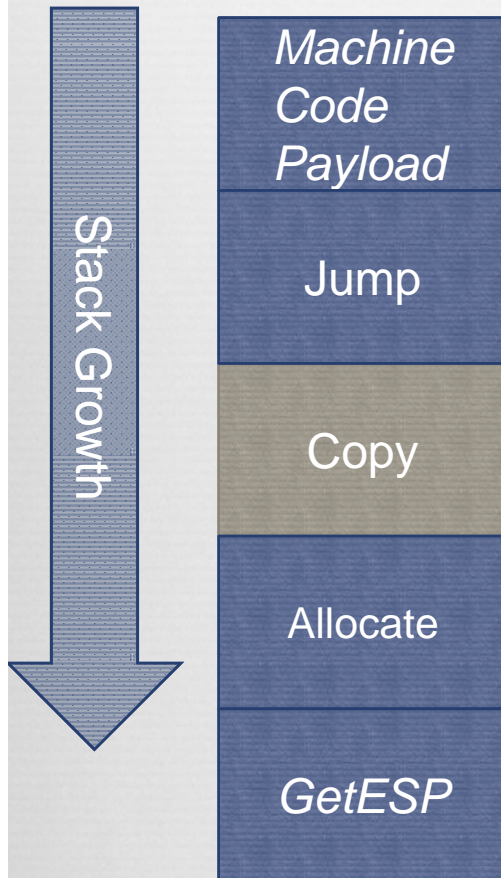
```
ret
```


Copy



```
mov [ecx], eax ; *arg0 = lpMem  
ret  
  
...  
  
;; do similar to set arg1 on  
;; stack to address of embedded  
;; machine code payload  
  
...  
  
;; call memcpy through IAT
```

Copy



`mov [ecx], eax`

`ret`

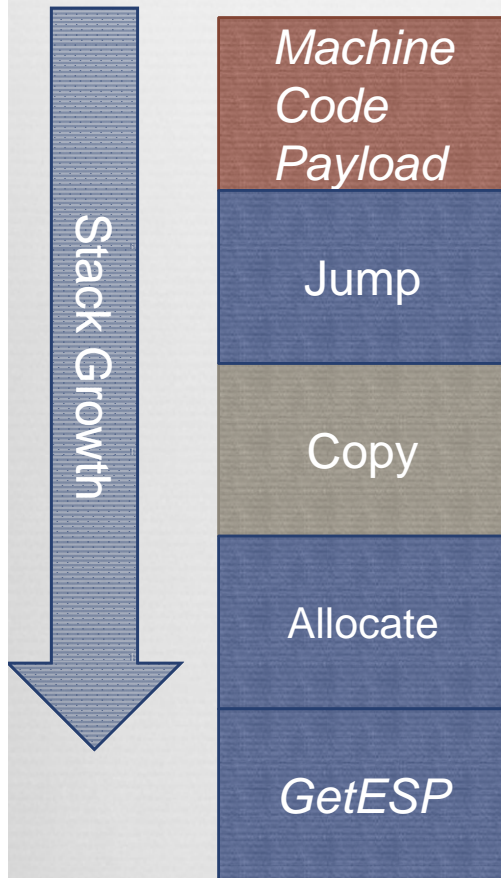
`...`

*`;; do similar to set arg1 on
;; stack to address of embedded
;; machine code payload`*

`...`

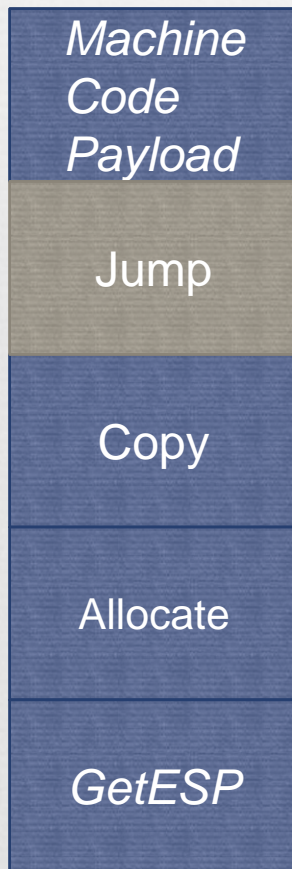
`;; call memcpy through IAT`

Copy



```
mov [ecx], eax ; *arg0 = lpMem
ret
...
;; do similar to set arg1 on
;; stack to address of embedded
;; machine code payload
...
;; call memcpy through IAT
```


Jump



pop ecx

; ECX = &lpMem

ret

...

mov eax, [ecx]

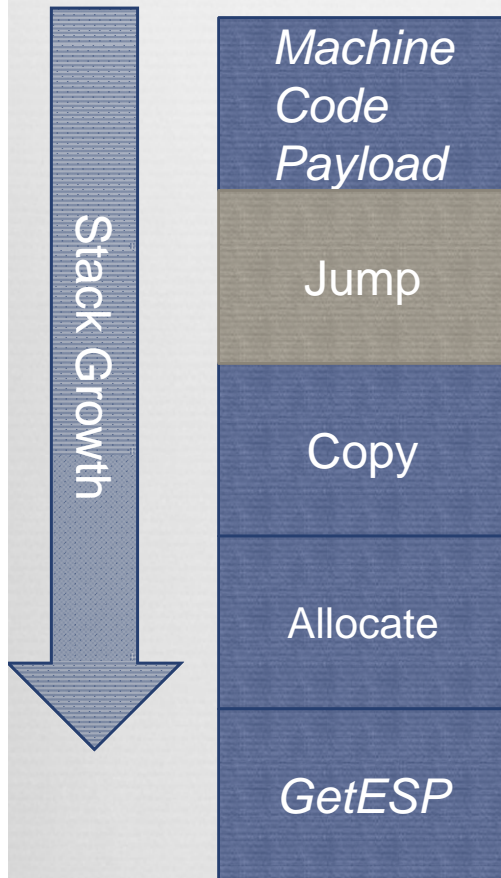
ret

...

push eax

ret

Jump



pop ecx

ret

...

mov eax, [ecx] ; EAX = lpMem

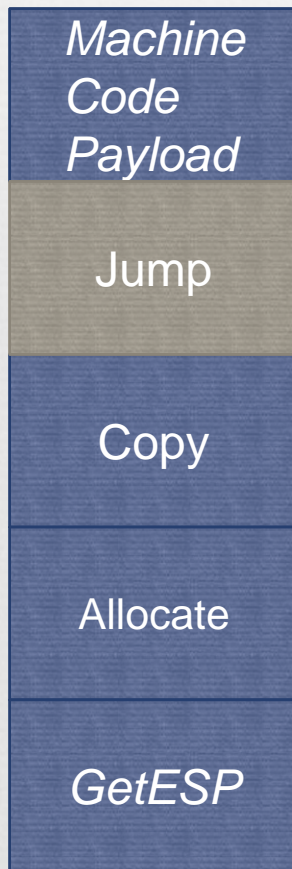
ret

...

push eax

ret

Jump



pop ecx

ret

...

mov eax, [ecx]

ret

...

push eax ; jmp lpMem

ret

Alternative Strategies



❧ Variations

- ❧ Create a new heap with HeapCreate() and HEAP_CREATE_ENABLE_EXECUTE flag, copy payload to HeapAlloc()'d buffer (“DEPLib”, Pablo Sole, Nov. 2008)
- ❧ Call VirtualProtect on the stack and execute payload directly from there
- ❧ “Clever DEP Trick”, Spencer Pratt (Full-Disclosure, 3/30/2010)
 - ❧ WriteProcessMemory()
 - ❧ “Séance” Technique

WriteProcessMemory()



- ❧ WriteProcessMemory(), instead of being used to write into a debugged process, can be used to write into the caller's process
- ❧ If the destination memory page is not writable, WriteProcessMemory() will make the page writable temporarily in order to perform the memory write
- ❧ WriteProcessMemory() can be used to overwrite itself with new executable code at a precise location so that it executes the new code instead of returning to the caller

“Séance” Technique



- ❧ For when you don't know the location in memory of your buffer, but you can call `WriteProcessMemory()`
- ❧ Chain a sequence of returns into `WPM()` to build your shellcode in an existing `.text` segment from 1-N byte chunks elsewhere in memory
- ❧ Split desired payload into 1-N byte chunks identified in readable memory at known or static locations

Do the Math



Exploiting Aurora on Win7

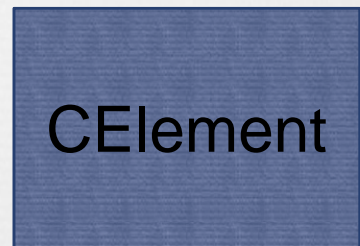
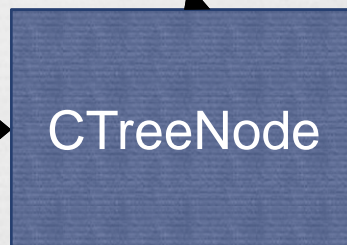
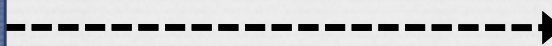


The “Aurora” IE Vulnerability



- EVENTPARAMs copied by `createEventObject(oldEvent)` don't increment `CTreeNode` ref count

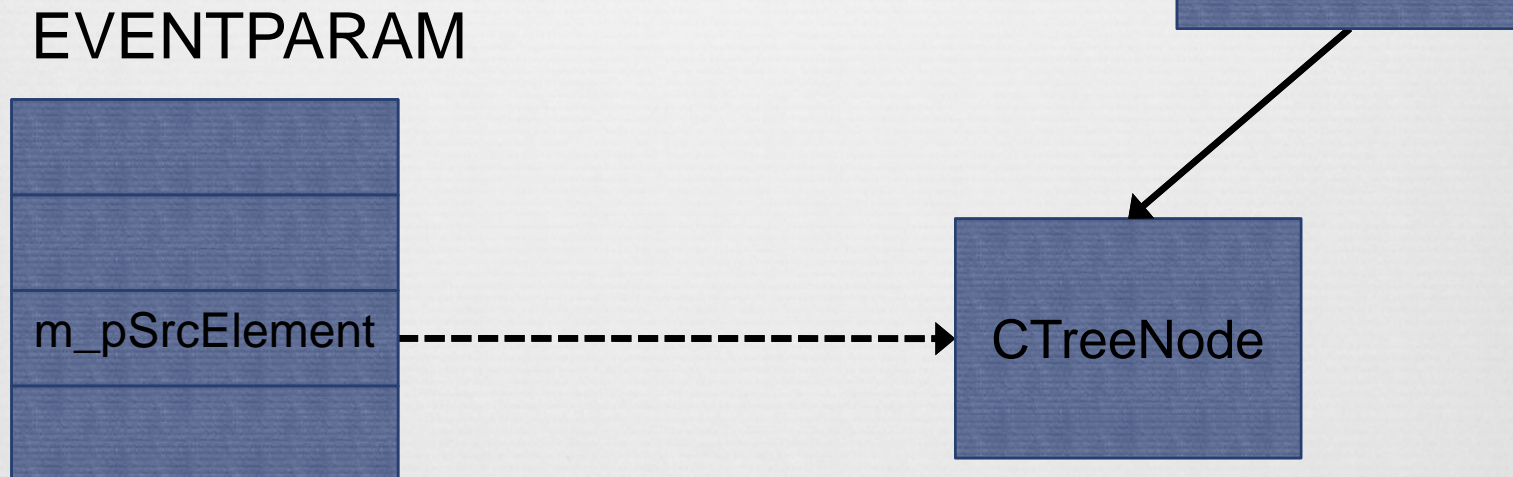
EVENTPARAM



The “Aurora” IE Vulnerability



- EVENTPARAM member variable and CElement member variable both point to CTreeNode object

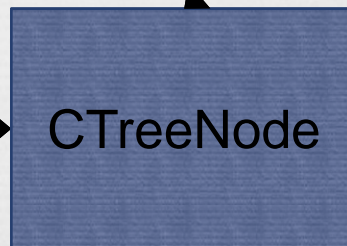
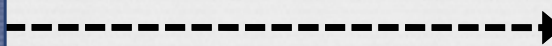


The “Aurora” IE Vulnerability



- When HTML element is removed from DOM, CElement is freed and CTreeNode refcount decremented

EVENTPARAM



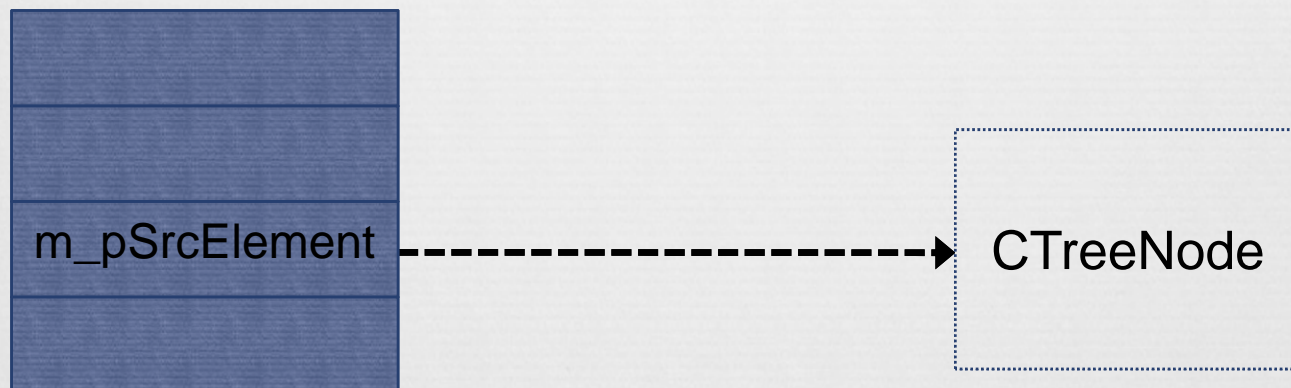
CElement

The “Aurora” IE Vulnerability



- ☞ If CTreeNode refcount == 0, the object will be freed and EVENTPARAM points free memory

EVENTPARAM



Exploiting The Aurora Vulnerability

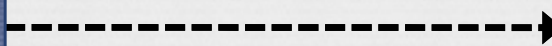
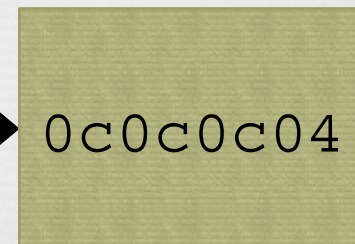


- Attacker can use controlled heap allocations to replace freed heap block with crafted heap block

EVENTPARAM



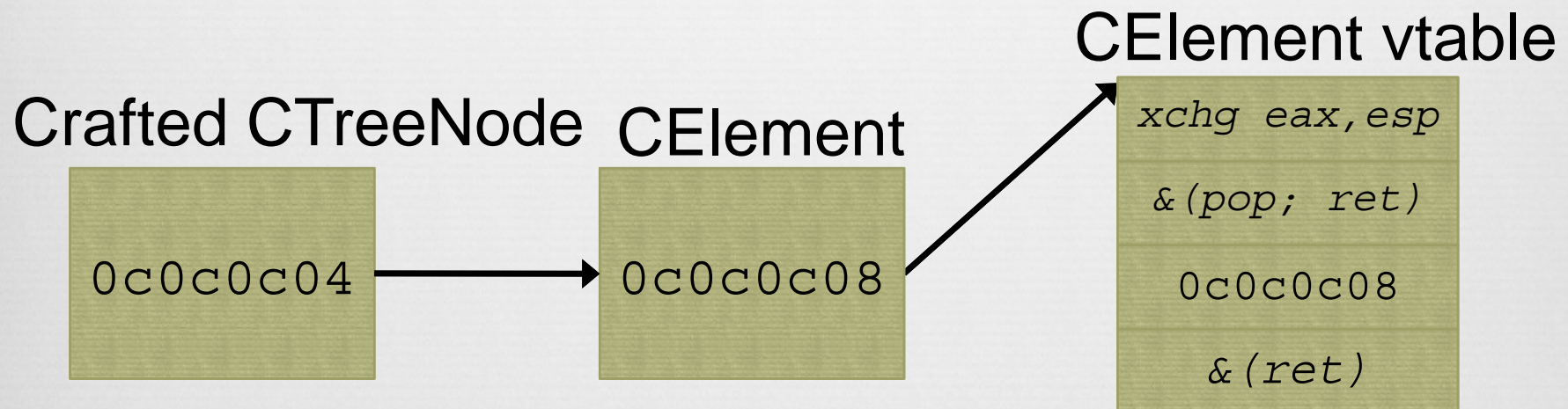
Crafted CTreeNode



Exploiting The Aurora Vulnerability



- ☞ The crafted heap block points to a crafted CElement object in the heap spray, which points back to itself as a crafted vtable



- # CElement vtable

& (*ret*)

Return-oriented
payload stage

Exploit Demo



Conclusions



DEP w/o ASLR is Weak Sauce™



- ❧ No ASLR:
 - ❧ Exploitation requires building a reusable return-oriented payload stage from any common DLL
- ❧ One or more modules do not opt-in to ASLR:
 - ❧ Exploitation requires building entire return-oriented payload stage from useful instructions found in non-ASLR module(s)
- ❧ All executable modules opt-in to ASLR:
 - ❧ Exploitation requires exploiting a memory disclosure vulnerability to reveal the load address of one DLL and dynamically building the return-oriented payload

Take-Aways



- ❧ “Preventing the introduction of malicious code is not enough to prevent the execution of malicious computations”¹
- ❧ Demonstrate that while exploit mitigations make exploitation of many vulnerabilities impossible or more difficult, they do not prevent all exploitation
 - ❧ Modern computing needs more isolation and separation between components (privilege reduction, sandboxing, virtualization)
 - ❧ The user-separation security model of modern OS is not ideally suited to the single-user system
 - ❧ Why do all of my applications have access to read and write all of my data?

1. “The Geometry of Innocent Flesh on the Bone: Return-Into-Libc without Function Calls (on the x86
Hovav Shacham (ACM CCS 2007)

Questions



@dinodaizovi

ddz@theta44.org

<http://trailofbits.com> / <http://theta44.org>